

PANTHEON PEPTIDES

DOSING PROTOCOLS

DOSAGE - FREQUENCY - CYCLE LENGTH



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DOSING PROTOCOLS

This document outlines standardized dosing protocols for a range of peptides, designed to support optimal results, safety, and consistent usage.

APPLICATION

Administered as a subcutaneous injection into the fatty tissue of the abdominal area just beneath the skin, or taken orally.

BAC (Bacteriostatic Water)

The amount of bacteriostatic water (in mL) used to reconstitute the lyophilized (powdered) peptide.

DOSAGE

The recommended amount of peptide to use per injection or per serving, measured in micrograms (mcg) or milligrams (mg).

FREQUENCY AND CYCLE LENGTH

How frequently and for how many weeks to take the peptide (e.g., daily for 4–12 weeks). Includes breaks or tapering.

TIMING

When to take the peptide during the day (e.g., morning, before bed) and whether it should be taken on an empty stomach or with food to maximize effectiveness.

KEY BENEFITS

A summary of the primary benefits and intended uses of the peptides.

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PRODUCT	APPLICATION	BAC WATER	DOSAGE	FREQUENCY AND CYCLE LENGTH	TIMING	KEY BENEFITS
5-Amino-1MQ 5mg	Subcutaneous injection.	3 ml	167 mcg (10 units).	5 days on / 2 days off. 6 weeks.	Take in the morning on an empty stomach, at least 30 minutes before eating.	Supports fat loss while preserving lean muscle. Promotes cellular energy efficiency (via NNMT inhibition). Boosts metabolism.
ACE-031 1mg	Subcutaneous injection.	1 ml	500mcg (50 units).	Once every 14 days for a total of two doses over 28 days.	Take in the morning on an empty stomach, at least 30 minutes before eating.	Boosts muscle mass and recovery. Enhances strength and endurance. Supports bone density. Improves overall physical performance.
AICAR 50 mg	Subcutaneous injection.	3 ml	2.5 mg (10 units).	Daily for up to 14 days. Repeat the cycle twice per year.	Take on an empty stomach before bed.	Improves cellular energy production. Enhances endurance and stamina. Supports fat loss. Improves circulation.
AOD9604 2 mg	Subcutaneous injection.	2 ml	300 mcg (30 units).	5 days on / 2 days off. 6 weeks, up to 6 months.	Take in the morning on an empty stomach, at least 30 minutes before eating.	Accelerates fat burning without muscle loss. Supports joint and cartilage health. Boosts metabolism. No impact on growth hormone levels.
BPC-157 5 mg - 15 mg	Subcutaneous injection. or into the site of injury.	5 mg: 2.5 ml 15 mg: 3 ml	5 mg: 300 mcg (15 units). 15 mg: 500 mcg (10 units).	5 days on / 2 days off. 4 to 6 weeks.	Take in the morning on an empty stomach, at least 30 minutes before eating.	Accelerates wound healing. Reduces inflammation. Supports joint and ligament repair. Promotes gut health.
BPC-157 (tabs) 500 mcg	Oral.	NA	1 to 2 tabs.	Daily. 2 to 4 weeks.	Take in the morning on an empty stomach, at least 30 minutes before eating.	Accelerates wound healing. Reduces inflammation. Supports joint and ligament repair. Promotes gut health.
Cerebrolysin 60 mg	Subcutaneous or Intramuscular Injection	3 ml 5 ml	10mg (50 units) to 50mg (250 units). 10mg (90 units) to 50mg (450 units).	10 to 21 days.	Take in the morning on an empty stomach, at least 30 minutes before eating.	Stroke: 20 to 50 mg daily for 10–21 days. Brain injury: 20 to 50 mg daily for 7–30 days. Alzheimer’s disease: 10 to 30 mg, 5 days per week for 4 weeks. Vascular dementia: 10 to 30 mg, 5 days per week for 4 weeks.
Cagrilintide 5 mg to 10 mg	Subcutaneous injection.	5 mg: 2 ml 10 mg: 2 ml	5 mg: 250mcg (10 units) to 500mcg (20 units) 10 mg: 250mcg (5 units) to 500mcg (10 units)	Once a week. Start with 250 to 500mcg/week for 4 weeks. After 4 weeks, increase by 0.5–1 mg weekly if needed. Do not exceed 4.5mg per week.	Take in the morning. Take same day each week to maintain stable blood levels.	Supports weight loss. Suppresses appetite. Improves metabolic health. Enhances insulin sensitivity.

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CJC-1295 2 mg and 5 mg	Subcutaneous injection.	2mg → 2.0 ml 5mg → 2.5 ml	100mcg (10 units) to 200mcg (20 units). 100mcg (5 units) to 200mcg (10 units).	5 days on / 2 days off. 4 weeks, up to 12 weeks.	Take 2 hours after last meal, just before bed.	Stimulates natural growth hormone production (GHRH). Promotes fat loss. Increases muscle mass. Accelerates healing of muscle, tendon, and joint tissues. Supports anti-aging and skin health.
CJC-1295 (DAC) 2 mg	Subcutaneous injection.	2 ml	100mcg (20 units) to 300mcg (30 units).	2 days a week. 20 weeks.	Take 2 hours after last meal, just before bed.	Stimulates natural growth hormone production (GHRH). Promotes fat loss. Increases muscle mass. Accelerates healing of muscle, tendon, and joint tissues. Supports anti-aging and skin health.
Epithalon 10 mg	Subcutaneous injection.	1 ml	10mg (100 units).	Every 3 days for 15 days. Repeat twice yearly. 5 vials total.	Take in the morning on an empty stomach, at least 30 minutes before eating.	Supports telomere health and slows aging processes. Improves sleep by boosting melatonin production. Enhances immune strength and cell protection. Promotes hormone balance. Supports brain function.
GHK-CU 50 mg	Subcutaneous injection.	3 ml	835mcg (5 units) to 1666mcg (10 units).	5 days on / 2 off. 6 weeks cycle. 2 weeks off between.	Patient Preference.	Reduces wrinkles by stimulating collagen production. Promotes hair growth. Supports wound healing. Enhances angiogenesis. Boosts immune function.
GHRP-2 5 mg and 10 mg	Subcutaneous injection.	3 ml	5mg: 166mcg (10 units). 10 mg: 333mcg (10 units).	5 days on / 2 off. 6 weeks.	Patients Preference.	Stimulates growth hormone release. Increases muscle mass. Supports tissue repair and recovery. Reduces inflammation. Promotes fat loss. Boosts immune function. Improves sleep quality.
IGF-1 LR3 1 mg	Subcutaneous injection.	2.5 ml	40mcg (10 units) to 80mcg (20 units).	5 days on / 2 off. 2.5 weeks to 5 weeks.	Post workout if applicable.	Accelerates wound healing. Anti-Inflammatory. Supports joint & ligament repair. Improves gut health.
Ipamorelin 2 mg and 5 mg	Subcutaneous injection.	2mg: 2ml 5mg: 2.5 ml	2mg: 100mcg (10 units) to 200mcg (20 units). 5mg: 200mcg (10 units)	5 days on / 2 off. 4 to 5 weeks.	Before bedtime on an empty stomach.	Stimulates natural growth hormone release. Enhances recovery and tissue repair. Increases lean muscle mass. Promotes fat loss. Improves sleep quality.
KissPeptin 10 5 mg and 10 mg	Subcutaneous injection.	5mg: 2ml 10mg: 2ml	250mcg (10 units). 250mcg (5 units).	Monday, Wednesday and Friday. 6.5 weeks.	Take in the morning on an empty stomach, at least 30 minutes before eating.	Supports fertility by boosting GnRH release. Stimulates and balances sex hormones. Increases testosterone in men. Promotes ovulation and estrogen production in women.

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LL37 5 mg	Subcutaneous injection. Topical for wound healing.	3 ml	166mcg (10 units).	Daily or Twice a week. 6 weeks.	Physician preference.	Potent antimicrobial and anti-inflammatory action. Supports wound healing and skin regeneration. Promotes collagen production. Helps regulate immune system response.
Mazdutide 5 mg and 10mg	Subcutaneous injection.	5 mg: 2 ml 10 mg: 2 ml	5 mg: 2mg (80 units) 10 mg: 2mg (40 units)	Once a week. Every Monday. Start with 2mg/week for 4 weeks. Increase to 4mg/week if needed. Do not exceed 4mg/week.	Patient Preference.	Promotes weight loss by reducing appetite. Improves blood sugar control. Enhances insulin sensitivity. Supports cardiovascular health.
MK-677 900 mg	Oral - 15mg x 60	NA	1 to 2 capsules daily.	10 weeks to 5 weeks.	Take on an empty stomach.	Stimulates natural growth hormone and IGF-1 release. Promotes muscle growth and strength. Enhances fat loss. Boosts bone density and joint health. Improves recovery. Improves sleep quality.
MOTS-C 10 mg	Subcutaneous injection.	1 ml	2.5mg (25 units) to 5mg (50 units).	Once a week. 2 weeks to 4weeks.	Take on an empty stomach, ideally in the morning or before exercise.	Enhances mitochondrial function and energy production. Increases physical endurance and exercise performance. Supports fat loss and metabolic health. Promotes healthy aging and cellular resilience.
MT-2 10 mg	Subcutaneous injection.	3 ml	166mcg (5 units).	1 to 3 times per week for up to 2 weeks, then reduce to once weekly.	Take on an empty stomach or with a light meal.	Boosts melanin for a deeper tan. Protects skin from UV damage. Supports skin health. Often increases libido.
PT-141 10 mg	Subcutaneous injection.	2 ml	500mcg (10 units) to 2mg (40 units).	3 times per week (Mon, Wed, Fri). Start at 500 mcg and gradually increase to a maximum of 2 mg per dose.	Patient Preference.	Boosts libido in both men and women. Improves erectile function in men. Works through the brain, not hormones.
Retatrutide 5 mg and 10 mg	Subcutaneous injection.	5 mg: 2 ml 10 mg: 2 ml	5 mg: 1mg (40 units). 10 mg: 1mg (20 units).	Once a week. Every Monday Start with 2mg per week for 4 weeks. After 4 weeks, up to 4mg if needed. Do not exceed 4mg per week.	Take the same day and time each week.	Promotes weight loss by reducing appetite. Improves blood sugar control. Enhances insulin sensitivity. Supports heart and metabolic health.
Selank 5 mg	Subcutaneous injection.	3 ml	100mcg (6 units).	5 days on / 2 days off. 6 weeks.	Patient Preference.	Reduces anxiety and stress (Anxiolytic). Supports mood stabilization and emotional balance. Promotes better sleep quality. Improves focus through reducing anxiety.

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Semax 10 mg	Subcutaneous injection.	3 ml	166mcg (6 units)	5 days on / 2 days off. 6 weeks.	Patient Preference.	Enhances cognitive function and memory (Nootropic). Supports neuroprotection and brain repair. Enhances attention, mental clarity, and motivation Improves mental resilience.
Sermorelin 2 mg and 5 mg	Subcutaneous injection.	2 mg: 2 ml 5 mg: 2.5 ml	2 mg: 100mcg (10 units) to 200mcg (20 units) 5 mg: 100mcg (5 units) to 200mcg (10 units)	5 days on / 2 days off. 4 to 5 weeks.	First thing in the morning, 2 hours after eating, or before bedtime.	Stimulates natural growth hormone release. Supports muscle growth and fat loss. Improves sleep and recovery. Enhances energy and vitality.
TB-500 2 mg and 5 mg	Subcutaneous injection.	2 mg: 2 ml 5 mg: 2.5 ml	2 mg: 100mcg (10 units) to 200mcg (20 units) 5 mg: 200mcg (10 units) to 400mcg (20 units)	5 days on / 2 days off. 4 to 5 weeks.	Take in the morning on an empty stomach, at least 30 minutes before eating.	Accelerates repair of muscles, tendons, and ligaments Reduces chronic and acute inflammation Promotes flexibility and mobility Supports heart and blood vessel health.
Thymosin Alpha-1 2 mg	Subcutaneous injection.	1 ml	400mcg (20 units) daily or 1.5mg (75 units) twice weekly.	Repeat weekly for 4-6 weeks. (4-6 vials per 1 month)	Patient Preference.	Boosts immune function. Fights viral infections. Reduces inflammation. Supports cancer immunity.
Tesamorelin 2 mg	Subcutaneous injection.	1 ml	1 mg (50 units).	6 days on / 1 off. 1 vial for 2 days. 10 vials for a 4 week cycle. 4 to 24 weeks cycles.	Take before bed, at least 90 minutes after your last meal.	Reduces visceral belly fat. Promotes muscle tone and recovery. Improves metabolism. Supports cognitive function.
Thymulin 10 mg	Subcutaneous injection.	2 ml	500mcg (10 units) to 1000mcg (20 units).	daily for up to 20 days.	Take in the morning on an empty stomach, at least 30 minutes before eating.	Strengthens immune system Reduces inflammation, Supports hormonal balance. Helps regulate autoimmune activity Helps your body heal and repair tissues faster.
Tirzepatide 5 mg and 10 mg	Subcutaneous injection.	5 mg: 1 ml 10 mg: 2 ml	5mg: 2.5mg (50 units) to 5mg (100 units) 10mg: 2.5mg (50 units) to 5mg (100 units)	Once a week. Every monday. Start with 2.5mg/week for 4 weeks. Increase by 0.5 to 1mg if needed. Max: 5mg/week.	Take in the morning on an empty stomach, at least 30 minutes before eating.	Powerful weight loss support and reduces appetite. Lowers blood sugar levels. Improves insulin sensitivity. Supports heart and metabolic health.

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